

# Yoga with Sophy Hoare

**Fri 4 - Sat 5 September 2009**

at

**Upper Meeting Room 1  
Chandler's Ford Methodist Church  
Winchester Road  
Chandler's Ford  
Eastleigh SO53 2GJ**

**Fri 11 am - 4 pm**

**Sat 11 am - 4 pm**

**Cost for both days: £100**

**Drinks will be provided, please bring your own lunch.**

**Phone: (023) 80330444**

**Email: [brenda@pureyoga.co.uk](mailto:brenda@pureyoga.co.uk)**

**To book your place, complete the form below.**

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**Yoga with Sophy Hoare, 4-5 September 2009**

**Name...../.**

**Address.....**

**Postcode.....**

**Telephone..... e-mail .....**

**Cheques made payable to Brenda Megann.  
Send to 6 Arlott Court, Northlands Road, Southampton SO15 2RZ**